



SLTOA Covid-19 In-Person Meeting Guidelines

For all events we will follow the most current CDC/WHO guidelines. We realize using current recommendations is a personal choice. If you wish to attend, please be sure to consider the safety and comfort of all who are there. These efforts will help us regain what was lost in not being able to meet in person.

Until further notice in person SLTOA Monthly Meetings will be held in St. Louis County. St. Louis County is a large and diverse area (similar to the SLTOA membership) that follow stringent rules that many of us are familiar with and have confidence in. The strategy to meet safely in one jurisdiction will allow us to have one consistent set of event rules for each meeting regardless of location.

Masks will be required at all SLTOA functions except while eating or drinking.

This policy will be reassessed as new information is received. This is a matter of personal responsibility and hope that everyone will comply.

Summary of CDC/WHO guidelines, current research and resources

- hand hygiene first and foremost,
- social distancing of 4-6 feet for people outside your family pod
- Mask wearing is essential.
- Masks are not required while eating or drinking but social distancing is required.

Additional recommendations

- When wearing mask, cover both mouth and nose.
- Do not move mask below chin when not needed.
- Limit handling i.e., removing or adjusting mask,
- When removing mask use the ear elastic, do not touch front of mask.
- Perform hand hygiene before putting mask on and after taking it off.
- Do not rub eyes.
- If not wearing a mask cough or sneeze into your elbow

We thank Ronnie Paur, a Certified Infection Control professional, who spent months fighting the Covid battle for SSM Healthcare for providing the summary.

If you have any questions about this event policy, please email stephen.paur@att.net and we will provide answers.